



BIODATA

NAME	JAGTAP SARIKA PRABHAKAR
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CORRESPONDENCE ADDRESS	Anurag Colony, Parali Road, Ambajogai
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DATE OF BIRTH	02-12-1987
CASTE	SC
SEX	Female
MARTIAL STATUS	Married
NATIONALITY	Indian /Hindu
LANGUAGES KNOWN	Marathi, Hindi, English

EDUCATIONAL QUALIFICATION

Ph.D.	Topic “kabaddi khelat maticha v matchya Maidanavar kheladunkadun khelalya janarya koushalyacha abhyas” Degree Awarded by Swami Ramanand Teerth Marathwada University, Nanded [17-06-2017].
Diploma in Yoga	K.S.K.W College Cidco, Y.C.M.U Nashik [67%] 2019.
SET	Physical Education Savitribai Phule University Pune, 2011.
M.P.Ed	Physical Education [71%] CACP College Pune 2012.
B.P.Ed	Physical Education Distinction [76 %] CACP College Pune 2010
BCom	ENTD BYK College Nashik [51%] 2009.

RESEARCH EXPERIENCE 08 Years

TEACHING EXPERIENCE 08 Years

COMPUTER SKILLS

1 Operating system: Windows, Microsoft Office

TRAINING PROGRAMMES

1. Participated in UGC Sponsored Refresher Course in Physical Education at UGC – Human Development Centre, Rashtrasant Tukadoji Maharaj University, Nagpur for 12 July 2021 to 24 July 2021 and Obtained Grade ‘A’.
2. Participated in the Yoga Appreciation Programme Conducted by Yoga Certification Board & Fit India Movement Government of India from 10 June 2021.
3. Participated in the Faculty Development Programme on Promoting Excellence in Physical Education and Sports through Innovation in Teaching and Learning ICT & Professional approach from 27th May 2021 to 2nd June 2021 Organized by
4. Participated in UGC Sponsored 1st Faculty Induction Programme at UGC– Human Development Centre, Dr.Babasaheb Ambedkar Marathwada University, Aurangabad from 2 Sep 2020 to 08 Oct 2020 and Obtained Grade ‘A’

PUBLICATION / PRESENTATION IN PEER REVIEWED JOURNALS / CONFERENCES

1. Published 8 papers in journals.
2. Presents 12 papers in National/ International Conferences.
3. Attended 12 Conference / Seminar/Workshop at Zone/ National/ International Level.

RESEARCH AREA

1. Kabaddi
2. Yoga
3. Volleyball

RESEARCH CONTRIBUTION

1. RESEARCH PROJECT ONGOING / COMPLETED UNDERTAKEN : NIL
2. RESEARCH GUIDE

TECHNICAL WORK APPOINTMENT / SPORTS, MANAGEMENT

1. Member of Board of Studies in Physical Education for Shikshan Prasarak Sanstha's Sangamner Nagarpalika Arts, D. J. Malpani Commerce and B. N. Sarda Science College, Sangamner 2023-2024 to 2025-2026.
2. Selection Committee Member Open State Selection Tournament at Ahemadnagar 2022.
3. Team Manager Maharashtra state Kabaddi (Women) team 2019.
4. National & State Level Nashik MVP Marathon Organize Committee Member From 2015 To 2019.
5. Team Coach Nashik Dist Kabaddi (Women) team 2018.
6. Selection Committee Member Kumar / Kumari District Selection Tournament at Nashik 2018.
7. Selection Committee Member Open District Selection Tournament at Nashik 2018.
8. Selection Committee Member Kumar / Kumari State Selection Tournament at Selu, Parbhani 2018.
9. Team Manager Maharashtra state Kabaddi (Women) team 2019.

ORGANISATION AND ADMINISTRATION

- I.C.T. Cricket Women, Tournament organized 2022.
- National Level Yoga Training Camp organized 2021
- Wrestling Coaching Camp Women, organized 2019 -20.
- Squad Committee Member of SPPU Examination April 2019.
- External Senior Supervisor for B.Ed SPPU Examination April/may 2019.
- I.C.T. Kabaddi Women, Tournament organized 2017.
- I.C.T. Cycling Men / Women, Tournament organized 2016.
- I.C.T. Kabaddi Women, Tournament organized 2014.

INTERNATIONAL CONFERANCES

1. **."A Vital Evaluation of the Effect of Doping in Different Sports Disciplines of Maharashtra State"**
Two Day International Conference on yoga, nutrition, scientific training methods and rehabilitation for avoiding attraction of doping in sports organized by Yashwantrao Chavan Mahavidyalaya, Karmala Dist- Solapur Maharashtra.on 24 th March & 25th March 2023.
2. Presented a paper entitled "***Effect of Meditation on Mental Toughness and Sports Competitive Anxiety Among Archary Players***". one day national conference on Recent Trends and Challenge in Physical Education and Sports at Sadguru Gadage Maharaj College, Karad on 11th October 2022.
3. Presented a paper entitled "***kabaddi khelat kheladun kadun khelalya janarya koushalyachancha Abhyas***". International Interdisciplinary Conference on The Role Of Women In Global Development at Arts & Commerce Mahila Mahavidyalaya , Ambajogai. On 29th Feb 2020.
4. Presented a paper entitled "***Yoga And Covid 19***" International online seminar on post covid era- sports in new dimensions at Physical Edu.Department,T.C.college, Baramati,Pune on 6th & 7th July 2020.
5. Presented a paper entitled "***Attitude of Banjara Community Girls And Their Parents Towards Participation In Phycical Education & Sports Activityes***" at International Conference on Education, Physical Education And Sports Science. held at Malaysia on 29th July to 31st July 2017.

ATTENED WORKSHOP/ CONFERANCES / SEMINAR

1. Attended International online seminar on post covid era- sports in new dimensions at Physical Edu.Department,T.C.college, Baramati,Pune on 6th & 7th July 2020.
2. National Level Seminar on Interdisciplinary Approach in Physical Education , Sports & Yoga at R.Bezonji Science College, Jalna 7th March 2020.
3. Attended International Interdisciplinary Conference on The Role Of Women In Global Development . at Arts & Commerce Mahila Mahavidyalaya Ambajogai. On 29th Feb 2020.
4. Attended one day Regional workshop on Revised NAAC Guidelines 2020 & Role Of IQAC in Quality Enhancement at Yogeshwari Mahavidyalaya, Ambajogai 22nd Feb 2020.
5. Attended State Level Seminar on Role of Yoga In Changing Adolescence at KSKW College, Cidco, Nashik 7th Feb 2019.

6. Attended International Conference on Education, Physical Education and Sports Science at Malaysia 29th July To 31st July 2017.
7. Attended National Level Seminar on Health, Physical Activity & Chronic Diseases at Smt.NankibaiWadhvani kala Mahavidyalya,Yavatmal 20th& 21th Aug 2016.
8. Attended National Level Seminar on The Role Of Physical Education & Sports at New Atrs, Com & Science College, Parner, Ahmednagar 9th& 10th Oct 2015.
9. Attended National Level Seminar on Yoga For Sports, Education & Fitness at Department of Physical Education SavitribaiPhule Pune University, Pune 27th June 2015.
10. Attended National Level Seminar on Challenges Before Rural Players In The Field of Sports Career at Atrs& Com College, Kasegaon, Sangli 27th& 28th Feb 2015.
11. Attended one day workshop on Anti Doping Awareness at Borad of Sports Savitribai Phule Pune University, Pune 2015.

EDITED BOOK PUBLISHED

1. Physical Education ,Sports Science, Yoga And Medicine, Published By Varanasi, ISBN: 978-93-535-035-7,2021.
2. Sports Medicine & Physical Education ,Published By Varanasi, ISBN: 978-93-5437-238-6, 2021.

RESEARCH PAPER PUBLISHED IN JOURNALS

1. Paper Published in Education and Society UGC Care Approved,Group I, Peer Reviewed,Bilingual,Multi-Multidisciplinary Research Journal Research titled "**A Vital Evaluation of the Effect of Doping in Different Sports Disciplines of Maharashtra State**" Vol.47,Issue 02,ISSN 2278-6864, Impact Factor 6.718. April June 2023.
2. Paper Published in Sanskrit International Multidisciplinary Research Journal of Recent Trends and Challenge in Physical Education and Sports Research titled "***Effect of Meditation on Mental Toughness and Sports Competitive Anxiety Among Archary Players***". Special Issue 013,IFSIJ Impact Factor 6.225, ISSN: 2455-15, Nov.2022
3. Paper Published in International Journal of Recent scientific Research titled "***Stress And Psychological Ewll Being Among College Teachers of Marathwada***". Vol.10,Issue ,07 (A), pp.1227 – 1229,July 2021.
4. Paper Published in International Journal of Physical Education Helth & Sports Science of National Conference on Interdisciplinary Approaches in Education, Physical Education, Sports and Yoga Research titled "***Career Option In Yoga After 12th Class***" Impact Factor 0.641, ISSN: 2279-0306, March 2020.
5. Paper Published in UGC Care Journal Studies in Indian Place Names titled "***Effect of Six Week Ladder Skill Training on Vital Capacity of Football Players***". Vol.40, 28 th June 2020.
6. Paper Published in Peer Reviewed Multidisciplinary International Research Journal, The Role Of Women In Global Development titled "***kabaddi khelat kheladun kadun khelalya janarya koushalyachancha Abhyas***". Vol.5, Feb. 2020.

7. Paper Published in International Journal Shodh Sarita titled “*Yoga And Covid 19*”.Vol.7,July to September 2020.
8. Paper Published in International Refereed Research Journal of Vidyawarta titled “*Kabaddi khelat Matichya Maidanavar kheladunkadun khellya Janarya Aakramak koushalyancha Abhyas*” January 2019.
9. Paper Published in International Research Demagogie Journal of Special Issue titled “*Attitude of Banjara Community Girls And Their Parents Towards Participation In Physcical Education & Sports Activityes*” July 2017.
10. Paper Published in International Refereed Multidisciplinary Journal of Contemporary Research Special Issue Physical Education & Sports titled “*Matchya Maidanavar mahila kheladun kadun khellya Janarya koushalyancha Abhyas*” April 2016.

GUEST LECTURES DELIVERED

1. Delivered Gest Lecture on History of Kabaddi in Online Mode 2020.
2. Delivered Gest Lecture on Kabaddi in NSPM’s LBRD College Nashik Road 2017 & 2018.

AWORED

1. Kridaratan Award 2019 by All India Wrestling Association Beed.
2. Rajshri Shahu Maharaj Best Professor Award 2018 by Milind Swastha, Shinde Palse, Nashik.
3. Best Player Award 2013 In Kabaddi by Nashik Dist. Kabaddi Association.
4. Maharashtra Bhushan Mahakavi Vamandada Karndak Best Player Award 2011 at Kabaddi.

SPORTS ACHIVMENT IN KABADDI

[College Group]

Level	Year	Venu	Place
Ashwamedh	2006	Jalgaon	1st
	2007	Nashik	2nd
	2008	Rahuri	1st
	2009	Dapoli	1st
	2011	Parbhani	1st
All India University	2006	Andra Pradesh	Participate
	2007	Tamilnadu	Participate
	2008	Tamilnadu	Participate
	2009	Himachahl Pradesh	Participate
	2011	jalgaon	Participate

[Open Group]

Level	Year	Venu	Place
District	2001	Nashik	Participate
	2003	Nashik	1st
	2005	Nashik	1st

	2007	Nashik	1 st
	2008	Nashik	1 st
	2009	Nashik	1 st
	2010	Nashik	1 st
	2011	Nashik	1 st
	2012	Nashik	1 st
	2013	Nashik	1 st
	2014	Nashik	1 st
State	2003	Mumbai	1 st
	2005	Jalgaon	Participate
	2007	Nanded	Participate
	2009	Thane	Participate
	2010	Mumbai Upnager	Participate
	2012	Sangli	Participate
	2013	Thane	Participate
	2014	Pune	Participate
Natioanl	2012-13	Karnataka	2 nd

[women Group]

Level	Year	Venu	Place
District	2001	Nashik	2 nd
	2004	Nashik	1 st
	2006	Nashik	2 nd
State	2004	Beed	Participate
National	2004	Panjab	2 nd

[U19en Group]

Level	Year	Venu	Place
District	2004	Nashik	1 st
	2005	Nashik	1 st
Zone	2004	Dhule	1 st
	2005	Nandurbar	1 st
State	2005	Sindhudurg	Participate
National	2005-06	Sangli	1 st

[U17en Group]

Level	Year	Venu	Place
District	1998	Nashik	1 st
	2001	Nashik	1 st
	2002	Nandgaon	1 st
	2003	Nashik	1 st
Zone	1998	Nandgaon	1 st
	2001	Nashik	1 st
	2002	Nashik	1 st
	2003	Nashik	1 st

State	1998	Nanded	Participate
	2001	Nandgaon	1st
	2002	Parbhani	2nd
	2003	Pune	Participate

[U 14en Group]

Level	Year	Venu	Place
District	1999	Nashik	1st
	2000	Nashik	1st
Zone	2000	Mnmad	1st
State	1999	Varnanagar	Participate
	2000	Nagpur	1st
National	2000-01	Madhya Pradesh	Participate

Place : Ambajogai

Date : / /2023

Signature

Dr. S. P. Jagtap

Director of Physical Education & Sports

Yogeshwari Mahavidyalya, Ambajogai